



CFRI'S
CF QUALITY OF LIFE PROGRAM
A Living Legacy of Peter & Kathy Judge

Financial Support: Individual Counseling Services For the CF Community

- Through the Cystic Fibrosis Quality of Life (CFQoL) program, individual therapy is available to children and adults with CF as well as to their family members (siblings, spouses and parents).
- The program addresses the impact of chronic illness on emotional health, including stress, depression, poor self-image, anger, and anxiety. Sessions are not limited to CF-related issues. Participation can improve health and quality of life.
- Select a licensed therapist in your community (e.g. LMFT, LCSW, LPC, psychologist). Ask your CF social worker if you need a referral. Psychiatric services are not eligible.
- CFRI will cover the cost of your insurance co-pay for five sessions. If you have no insurance, CFRI will pay up to \$120 per session for five sessions.
- Your selected therapist **MUST** contact CFRI prior to providing subsidized sessions. Without the necessary completion of forms and authorization by CFRI, we are unable to reimburse therapists for their time.
- By participating in the CFQoL program, you are committing to take part in the brief evaluation process.
- This financial support will be available through December 2016, or until all funds are expended, whichever occurs first.

**For more information contact Siri Vaeth Dunn:
650.665.7565 or svdunn@cfri.org
www.cfri.org**

Sponsored by Vertex Pharmaceuticals

